



MY TIMELINE



What Can I do in High School?

Take the **ACT** and **SAT**

Complete College Applications:
The Common Application
CFNC and
Individual applications.

Be aware of transcripts and
transfer credit such as: Early
College, AP, IB, CLEP or
Transfer Credit.

Participate
in extracurricular activities:
Sports, jobs, clubs,
organizations, volunteering.

What Can I do in College?

Medical schools require you to have at least a
Bachelor's Degree. You can **transfer** from a NC
community college to public NC university and
still go to medical school.

Picking a major does not effect your
acceptance into medical school as long as you
have the general course requirements.
Generally: 1 year of Biology + labs, 1 year of
General Chemistry + labs, 1 year of Organic
Chemistry + labs, 1 year of Physics + labs.
Suggested for MCAT prep: Psychology,
Sociology, Anthropology, Biochemistry.

Other opportunities to distinguish
your application include: Shadowing,
volunteering, clinical experiences, research.

What about Medical School and Residency?

Medical schools require you to take the **MCAT**
exam at least one year before entering medical
school.

AMCAS is the application for MD (allopathic).
AACOMAS is the application for DO
(osteopathic).

Applications open about one year before
entering medical school. The application
process includes: primary application,
secondary application, and in person
interviews.

Medical school is four years.

Residency is four years but sub specialties
may take longer such as **Child and Adolescent
Psychiatry**.

PSYCHIATRY DOCTORS...

Advocate for patients in
the health care system

Can be either MD or DO

Care for patients of
all ages and genders

Are needed in Western
North Carolina

Manage mental illnesses,
coordinate with specialists,
promote healthy lifestyles,
conduct routine check ups, AND
MORE!



MORE INFORMATION?

US Bureau of Labor Statistics
MCAT and AMCAS Fee Assistance
Medical School Admissions Requirements
Medical School Interview Resources
My Next Move—Psychiatrist
Choosing a Career in Psychiatry